

Alberta Adult Health Benefit

Alberta Employment and Immigration provides the Alberta Adult Health Benefit (AAHB) to Albertans with limited incomes. Recipients get the Health Benefits Card (HBC), which provides access to prescription/non-prescription drugs and nutritional products, dental services, optical services, emergency ambulance and diabetic supplies that are essential to health and well-being.

Prescription/Non-Prescription Drugs and Nutritional Products

Prescription drugs, non-prescription drugs and nutritional products listed on the Alberta Health and Wellness Drug Benefit List (DBL) and the AE&I Drug Benefit Supplement List (DBS).

Dental Services

Basic services like extractions and fillings (and, in some cases additional services like teeth cleaning and annual examinations).

Optical Services

An eye exam and eyeglasses for adults every 2 years and eyeglasses each year for dependants up to 18 years of age.

Ambulance Services

Emergency ground ambulance transportation to the nearest hospital, when no other insurance or government department is responsible for coverage.

Essential Diabetic Supplies

Injection supplies, testing strips, lancets and penlets.

The following people are eligible to receive health benefits through the Alberta Adult Health Benefit, if they are currently living in Alberta and not entitled to health coverage through the federal government:

- Persons leaving Income Support or Assured Income for the Severely Handicapped (AISH) with employment, self-employment, or CPP-D income above program limits.
- Pregnant women and their children with limited incomes.
- Households with limited incomes and high ongoing prescription drug needs.

Other low-income families may be eligible to receive free health benefits for their children through the Alberta Child Health Benefit. Financial eligibility, based on net income plus non-taxable child support income, is reviewed annually.

For more information about the Adult Health Benefit or the Child Health Benefit and to confirm eligibility:

Click: www.employment.alberta.ca/aahb

Call: Health Benefits Contact Centre
Toll free 1-877-469-5437
In Edmonton 780-427-6848

Fax: 780-415-8386