

Abstinence

Birth Control Pills



Birth Control Patch



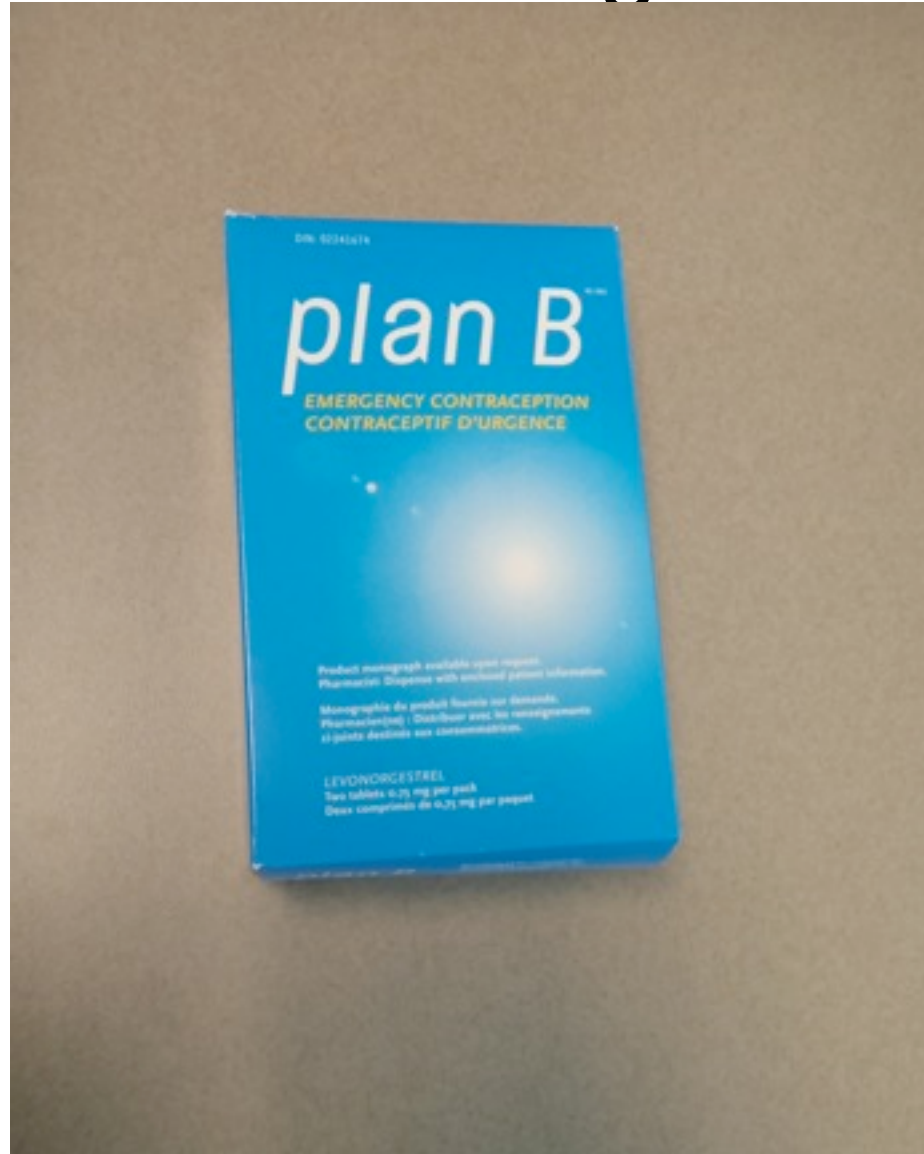
Vaginal Contraceptive Ring



Depo Provera



Emergency Contraception (EC) / Plan B / Morning After Pill



IUD (Intra Uterine Device) and IUS (Intra Uterine System)



Sponge

Contraceptive Foam



Contraceptive Jelly



Vaginal Contraceptive Film



Diaphragm

Male Condom



Demonstration of Male Condom

Female Condom



Demonstration of Female Condom

<http://www.teachingsexualhealth.ca/teacher/resources/demonstrationvideos.html>

Tubal Ligation

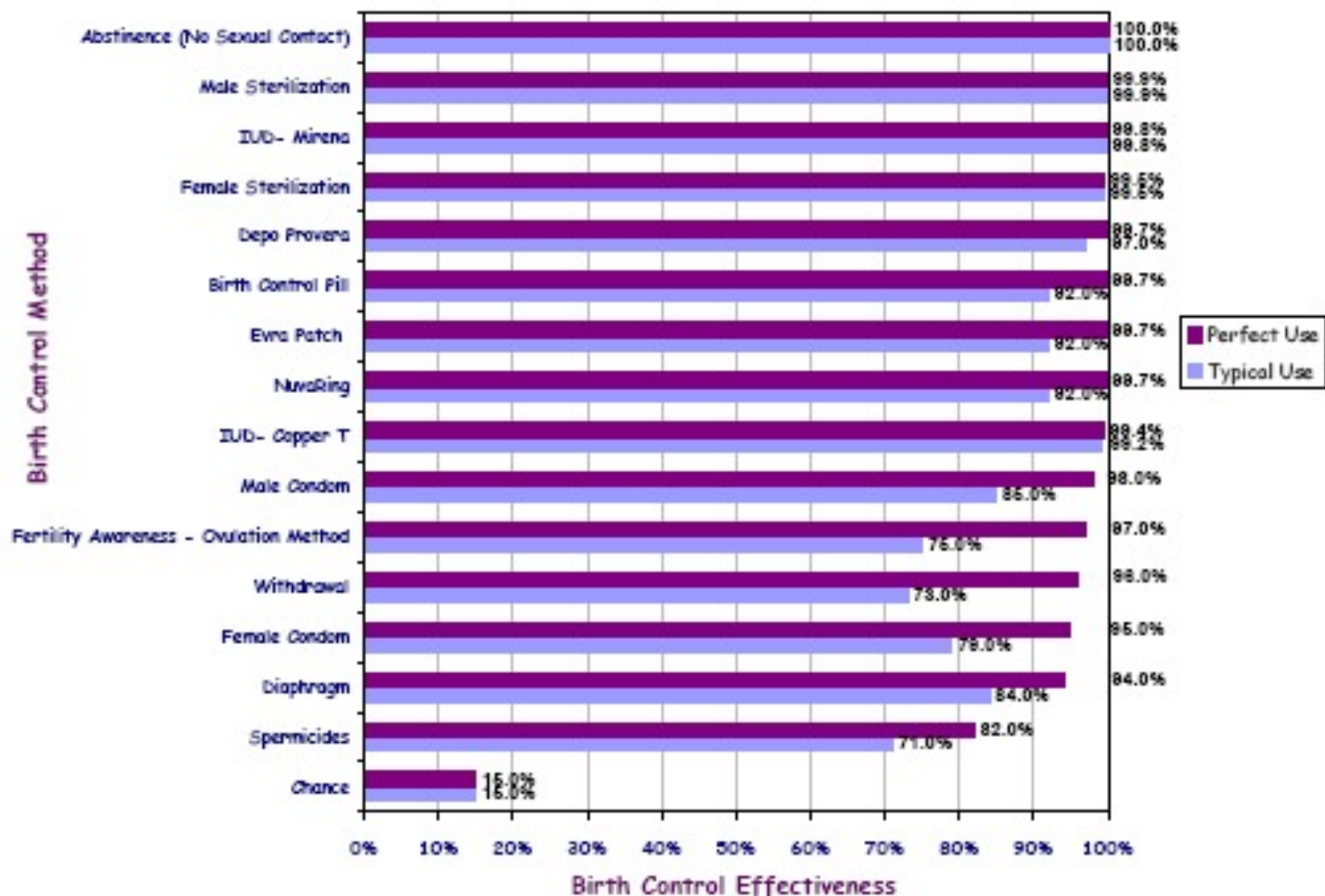
Vasectomy

Natural Family Planning

Withdrawal

Chance or No Method

How Effective is Each Birth Control Method at Preventing Pregnancy?



refers to the percentage of woman experiencing an unintended pregnancy during the first year of perfect contraceptive use and the first year of typical contraceptive use.